# MOST IRRITATING
# BEHAVIOURS LIST

_____ **Sarcasm:**  Assuming you're funny when you're not

_____ **Wet blanket syndrome:**  Informing everyone why things can't possibly work

_____ **Avoiding conflict:**  Expecting others to read your mind and notice that you're unhappy

_____ **Refusing to say you're sorry:**  Closely related to always being right

_____ **Failing to give praise or say thank you:**  High performance is simply assumed

_____ **Being overbearing:**  Holding others to unreasonable standards

_____ **Showing a bad attitude:**  Bringing others down, not up

_____ **Talking too much:**  Tiring others with constant talking

_____ **Being ego-centric:**  Thinking mostly about how situations will affect you

_____ **Always right:**  Having your mind made up before the conversation has begun

_____ **Being late:**  Not valuing people's time

_____ **Showing off:**  Having to constantly be the center of attention

_____ **Engaging in gossip:**  Undermining colleagues by talking behind their backs

_____ **Always putting in your 2 cents:**  Asked or unasked

_____ **Playing the blame game:**  Your failures are often someone else's fault

_____ **Being too blunt:**  Assuming that rudeness is a strength

_____ **Information hoarding:**  Protecting your turf by sitting on tribal knowledge

_____ **Playing politics:**  Saying things to build alliances, not because you believe them

_____ **Under-communicating:**  The need to use 25% more words than you currently do

_____ **Being too picky or critical:**  The need to assert too much control over people and processes

_____ **Disorganization:**  Being sloppy, not cleaning up after yourself, being scattered

_____ **Stubbornness:**  Displaying a quiet (or loud) will of iron when pushed

_____ **Holding grudges:**  Finding forgiveness difficult

_____ **Being less than honest:**  Not telling the truth to avoid offending others